

Appendix A: UNH Sailing Handbook

The University of New Hampshire Sailing Club is dedicated to providing a safe, healthy, and positive learning environment. These guidelines have been created to help build this environment.

Requirements

I recognize that the following are REQUIRED of me as a member of the UNH Sailing Club, and will be completed before competing in any events, or participating in any practice.

- Annual Swim Test
- Hypothermia Training Video
- Anti Hazing Pledge (Appendix B)
- To be in good standing with University in all aspects
- Attending the Anti-Hazing Seminar each fall
- Having dues paid, or a payment plan set up with the treasurer

Violations

As a member of the University of New Hampshire Sailing Club, I recognize and understand that the following actions are violations of the UNH sailing code of conduct.

- Any act that violates the University of New Hampshire Student Rights, Rules, and Responsibilities or the Code of Conduct put forth by UNH Department of Campus Recreation
- Hazing (as defined by the UNH Student Rights, Rules, and Responsibilities)
- Harassment or public embarrassment
- Causing harm to and/or endangering an individual
- Unlawful discrimination of any sort
- Consuming alcohol within 24 hours of an ICSA sponsored competition
- Providing alcohol to minors
- Forcing someone to consume drugs or alcohol
- Stealing/laundersing club funds
- Destruction of club property whether deliberate or negligent
- Reckless use of club resources
- Any act that deliberately contradicts the club's mission of a positive, safe, inclusive environment
- Sexual Misconduct
- Posting anything on social media that violates UNH's social media policy

Violations of any of the terms stated above will be met by a punishment corresponding directly to the severity of the violation, to be determined by a majority vote from the officer board at the time of the violation. These punishments are may include but are not limited to suspension or expulsion from the club.

I have read and understand the terms stated above, and am aware of the expectations and responsibilities I assume upon signing this document, as well as the consequences involved in case of a violation.

Print Name: _____ Date: _____

Signature: _____

Sailing Club FAQs

How do club members travel to practice?

The club van driven by a club member who has taken the Campus Recreation Defensive Driving course. Sailors will be picked up at Congreve circle across from the Hamel Recreation Center.

What do club members need for practice?

Required

- Wetsuits (in the spring)
- PFD (can be provided by UNH sailing)

Suggested

- Swimming Apparel (bathing suit)
- Sunscreen
- Spray Gear
- Sunglasses
- Hat
- Gloves
- Sailing Boots
- Towel
- Change of Clothing

Where does the Sailing Club practice?

“Mendums pond is a beautiful 200-acre outdoor recreation area just seven miles from Durham. The pond is located on the Little River, a tributary of the Lamprey River and part of the larger Piscataque River watershed.”

What are dues and where do they go?

Dues are a large source of the club’s income, reassessed annually based on the needs and size of the club. What you receive in exchange for paying dues is access to Mendums pond, excellent coaching, the ability to sail in ICOSA regattas and other regattas with transportation and housing provided, as well as a UNH sailing shirt.

How does the club select who goes to each regatta?

The Coach and Current Captain of the club select who attends each regatta based on availability, past performance, and attendance to practices and meetings. If there is a disagreement between the captain and coach the tiebreaker shall be the commodore.

Do I get a pinnie?

Pinnies are not given to individual sailors. Pinnies will be in packages of 4 and picked up by the club members going to each regatta when they pick up their travel folder. Members will have to pay a **\$25** fee for a lost pinnie.

What is the UNH Sailing Club Mission Statement?

The mission of the UNH Sailing Club and it’s community programs is to foster a healthy sailing environment that values dedication, participation, perseverance and fun. The sailing programs offer students and community members both competitive and non-competitive opportunities.

What is the Club’s social media policy?

We adhere to the policies set forth by the University of New Hampshire. You can find this policy here: <https://www.unh.edu/student-life/32-student-social-media-policy>.